ANTHEM BROADBAND

Connecting Our Communities for a Brighter Tomorrow



APPS EVERY PARENT SHOULD KNOW ABOUT

Popular apps can be a great way for kids to learn, create and stay connected. But it's important for parents to understand what they do, how they work, and what to watch for.

APP	WHAT IT DOES	WHAT PARENTS SHOULD KNOW
Snapchat	Photo, video and messaging app	Disappearing messages, location sharing, private conversations
TikTok	Short videos and livestreams	Algorithmic recommendations, direct messaging, public exposure
Discord	Text, voice and video communities	Private servers, group chats, contact with unfamiliar users
Roblox	User-created games and virtual experiences	In-game interactions, spending, and age-dependent chat controls
Telegram	Messaging, groups and channels	Large communities, privacy settings, possible contact with unfamiliar users
WhatsApp	Encrypted messaging and calls	Group invitations, scams, unknown contacts
Instagram	Photos, reels, stories and messages	Private messaging, unwanted contact, social comparison
YouTube	Videos, Shorts and livestreams	Recommendations, age-inappropriate videos, comments
Twitch	Live video streaming	Live chats, community interactions, mature content
Reddit	Topic-based discussion communities	Adult content, anonymous discussions, private messages
BeReal	Photo sharing with friends	Location sharing, audience settings, pressure to post
Character.AI	Conversations with AI characters	Emotionally engaging AI conversations and potentially inappropriate responses

5 CONVERSATIONS EVERY PARENT SHOULD HAVE

1. **Who are you talking to online?**
   Discuss the difference between real-life friends and people met online.
2. **What would you do if someone made you uncomfortable?**
   Reassure your child they can ask for help without fear of automatically losing their device.
3. **Do you know what information you're sharing?**
   Review location, school, phone number, photos and privacy settings.
4. **Can we explore your favorite apps together?**
   Ask your child to show you how the apps work.
5. **Do you know how to block and report someone?**
   Practice finding the safety controls together.

PARENT SAFETY CHECKLIST

- ☑ Review privacy settings on your child's devices and apps.
- ☑ Enable available parental controls (for content, communication, screen time and spending).
- ☑ Talk regularly about online experiences.
- ☑ Practice how to block and report users.
- ☑ Set clear family guidelines for device use.
- ☑ Keep devices in shared spaces when possible.

INTERNET SAFETY FOR FAMILIES
Know the Apps. Start the Conversation. Keep Them Safe.

A safer internet builds stronger communities.